



FCM 121-2016

FIRE CHIEF MEMORANDUM

DATE: October 21, 2016

TO: All Uniformed Members

THROUGH: Eric C. Tade, Chief of Department *TAB for ECT*
Todd A. Bower, Deputy Chief of Department *TAB*

FROM: Scott Heiss, Division Chief, Safety and Training *SH*

SUBJECT: DEPARTMENT IN-SERVICE TRAINING FALL 2016

The Training Division will once again put on a fall In-service for all DFD Members. The In-service will begin Tuesday, November 1, 2016. There will be a morning and afternoon session of the same class, 0800-1200 and 1300-1700. The schedule is posted on the Operations Calendar.

This year's training will be comprised in two parts. The first part will concentrate on Probationary Evaluations and increasing the efficiency in the training of Probationary Firefighters. Items covered will be the new Probationary reports, resources available to Operations regarding the training of Probationary Firefighters, and a review of the Probationary Field Training Manuals.

The second part of the training will build upon the past two years of Behavioral Health/Performance Psychology. The class will be taught by Dr. Richard Perea or, on occasion, a member from his staff. Each class will depict Performance Psychology as it relates to Total Wellness and how its content and protocols impact First Responder Leadership/Followership and Emotional Regulation (Psychological Skills Training).

This training has had a huge impact and success on professional athletes to perform at peak levels, both physically and emotionally. Dr. Perea's group has been very successful with the Denver Broncos, Colorado Rockies, and Miami Dolphins. Dr. Perea has been involved with the Denver Fire Department for over two years and has a great understanding of what Firefighters face physically and mentally on a daily basis.

SH:kfc/H/FCM/2016/121-2016 Department In-Service Training Fall 2016

DISPOSITION: Read at Roll Call for three (3) consecutive shifts.
DISTRIBUTION: Suppression and Support Services (*electronic*)