Denver Fire Department

Incident Action Plan



Incident Name	COVID-19 - DFD
Incident Type	Pandemic
Incident Location	Denver
Incident Commander	Deputy Chief Desmond Fulton
Deputy Incident Commander	Division Chief Ryan Nuanes
Operational Period Begin	March 19, 2020 0700 MST
Operational Period End	March 20, 2020 0700 MST
Operations Period Number	6
Conference Call #	720.547.5316

INCIDENT OBJECTIVES (ICS 202)						
1. Incident Name: COVID - 19 DFD	2. Operational Period:	Date From: 3/19/20 Time From: 0700	Date To: 3/120/20 Time To: 0700			
3. Objective(s):			40			
1. Provide for protection from current and future	e risks of exposure to all De	partment uniform and non-	-uniform personnel.			
2. Provide the most current treatment and isolat personnel.						
3. Review, revise and strengthen Level 1, 2 and	l 3 Contingency Plans for m	aintaining Denartment Mis	ssion Essential Functions			
4. Maintain communication with City and Cour		- ·				
5. Ensure timely internal distribution of accurat		_				
•						
Objective 1: Ke	ey Messaging For Thu	rsday, March 19, 202	20			
1. Review critical procedural of	hanges made to the	ICS-208 Safety PI	<mark>an.</mark>			
 Remember that nebulizing pa severe respiratory distress. P level of care for those truly in 	lease make every atte					
exception of the following: Dispatched calls Official Department but Approved Department 	Dispatched calls Official Department business					
Grocery shopping for financialRigs will continue		ang to the following:				
•	will depart the rig to	do the shopping				
The state of the s	ers will remain with th	• • • •				
4. Operational Period Command Emphas	sis:	-				
		-				
1. Ensure critical PPE is distributed to all fire						
2. Ensure timely distribution of the IAP and			rm personnel daily.			
3. Maintain established daily meeting sched						
4. Evaluate the potential and logistics for pro-	oviding isolation/quarantir	ne facilities for exposed	members with at-risk			
family members at home.						
5. Refer all external requests to PIO Captain	-		•			
6. Make resources available to the member	ship for individual and fan	nily support as well as e	motional wellness.			
7. Prepared by: Name: J. Kruoman	Position/Title: PSC	Signatu	Ire.			

8. Approved by Incident Commander: Name: Desmond Fulton Signature: DGF (Verbal)

Date/Time:

IAP Page ___1_

ICS 202

Objective 1 Key Messaging As of Wednesday, March 18, 2020

March 17, 2020

Effective Immediately: On all medical calls that require a 6-foot distance breach, only <u>one member will</u> <u>approach the patient with mandatory respiratory PPE of N-95, P-100, or SCBA on air.</u>

EXCEPTION: If patient requires life-saving interventions, all members within the 6-foot breach are required to wear the above noted PPE as a minimum.

<u>Dispatch will no longer be identifying Code19C calls.</u> Dispatch will now only be asking the following questions in ProQA:

- Has the caller had a cough or fever in the last week (7 days)?
 - /SYMY, translates to >>>>SYMPTOMS YES: followed by cough or fever or both
 - /SYMN, translates to >>>>SYMPTOMS NO

March 17, 2020

- A. All Fire Prevention inspections with the following exceptions are suspended indefinitely:
 - a. DEN inspections
 - b. Life Safety.
 - c. TCO/CO and Acceptance Testing
- B. Special Detail Program suspended
- C. Fire watch by uniformed FP personnel is suspended. Businesses will utilize Licensed and Insured personnel or on-site personnel
- D. Training Class 2020-1 will be on-line delivery only until March 30, 2020
- E. Training Class 2020-2 will be on a split schedule, with one morning and one afternoon class until further notice.

March 16, 2020

- A. No outside visitors including friends and family members are permitted in any firehouse or DFD facility or on or in any apparatus until further notice.
- B. Firehouse personnel will avoid all external public interaction to minimize the potential for exposure.

March 13-16, 2020

- A. Per City guidance, the Denver Fire Department is canceling community outreach to include fire trucks at community events, fire station tours, fire safety talks, safety trailers, and department ride-alongs until further notice.
- B. Effective immediately, all DFD Career Service personnel will be working within a modified schedule at the discretion of their Division through 3/27/2020. We will work to assure there are no work interruptions as the Department progresses though the event. All employees will retain access to e-mail and phone for communication.

ORGANIZATION ASSIGNMENT LIST (ICS 203)

1. Incident N COVID-19			2. Opera	ational Period: Date Fr Time F	rom: 3/19/20 Date To: 3/20/20 rom: 0700 Time To: 0700		
3. Incident Commander(s) and Command S		Staff:	7. Operations Sec	7. Operations Section:			
IC/UCs	Fulto	on, Desmond		Chief	Murphy, Robert		
				Deputy			
Deputy	Nua	nes, Ryan					
Safety/Medical	Buco	cieri, Scott/Miccio, Meli	ssa	Branch	Operations		
Public Info. Officer	Pixle	ey, Greg		Branch Director	Shift Commanders	Land Side	
Liaison Officer	Lara	, Adriana		Deputy			
4. Agency/Organi	izatio	n Representatives:	:	Division/Group	Ryan Nuanes	Cadets	
Agency/Organization	1	Name	1	Division/Group			
				Division/Group			
				Division/Group			
				Division/Group			
				Branch	DEN		
				Branch Director	Bray, Russ	Air Side	
				Deputy			
5. Planning Section	on:			Division/Group			
C	hief	Krugman, Jim/Almagi	uer, Manny	/ Division/Group			
Dej	puty			Division/Group	-		
Resources	Unit			Division/Group			
Situation	Unit			Division/Group			
Documentation	_	Adams, Marissa		Branch	EOC		
Demobilization	Unit			Fire Branch	Buccieri, Scott		
Technical Specia	lists			Fire Branch	Linville, Jeff		
				Fire Branch	Mitchell, Warren		
				Division/Group			
				Division/Group			
6. Logistics Secti	on:			Division/Group			
С	hief	Vigil, Jeremy		Division/Group			
	puty			Branch	Human Resources		
Support Bra				Career Service	Eberhard, David		
Dire							
Supply	Unit						
Facilities	Unit			8. Finance/Admini	stration Section:		
Ground Support				Chief	Moeder, Wendi		
Service Bra	nch			Deputy	Cummings, Chanee		
Dire				Time Unit			
Communications	_			Procurement Unit			
Medical		_		Comp/Claims Unit			
Food	Unit			Cost Unit		/	
9. Prepared by: N	Vame		Posi	tion/Title: PSC	Signature:	de	
ICS 203		IAP Page2_	Date	/Time:		,	

1. Incident Name:		2. Operati			3.
COVID-19 DFD		Date From: 3/19/20 Date To: 3/20/20 Time From: 0700 Time To: 0700			Branch: Land Side
4. Operations Person	Division:				
Operations Section Cl	hief: Murpl	hy, Robert		303.884.6549	Group:
Branch Direc	·				
Division/Group Superv	risor:				Staging Area:
5. Resources Assign	ed:		S		Reporting Location,
Resource Identifier	Leader		# of Persons	Contact (e.g., phone, pager, radio frequency, etc.)	Special Equipment and Supplies, Remarks, Notes, Information
Haberkorn, C.J.	11			303.709.1218	
Kmak, Bob				303.709.1218	
Morelli, Troy				303.709.1218	
Cadets	Ryan Nuar	nes		720.324.9468	l)
_					
 Monitor day-to- day primary functions of the Operations Division Assure critical PPE and procedures for potential COVID-19 patients is distributed and followed Begin assessment of Contingency Plan activation trigger points as it relates to station closures. Assign Cadets as needed to support the Operations Division and EOC. 7. Special Instructions: Effective immediately any and all activities outside the firehouses are to be stopped with the exception of the following: Dispatched calls Official Department business 					
 Approved Department training Grocery shopping for firehouse meals adhering to the following: Rigs will continue to go Only 1 member will depart the rig to do the shopping All other members will remain with the rig. 					
·	radio and/or	•		nbers needed for this assignment):	
Name/Function		Prii	mary Co	ontact: indicate cell, pager, or radio (f	requency/system/channel)
0 Draw	117:			F24- 500	(1/1/2)
9. Prepared by: Nam	IAP Page		_	tion/Title: PSCSignal	ture:

1. Incident Name: COVID-19 DFD		2. Operati Date From	: 3/19/	20 Date To: 3/20/20	3.
		Time From	n: 0700	Time To: 0700	Branch: Air Side
4. Operations Person	nel: <u>Name</u>		Division:		
Operations Section Ch	nief: Murpl	hy, Robert		303.884.6549	Group:
Branch Direc	tor: Bray,	Russ		303.944.4005	Staging Area:
Division/Group Superv	isor:				
5. Resources Assigne	ed:		SUS		Reporting Location, Special Equipment and
Resource Identifier	Leader		# of Persons	Contact (e.g., phone, pager, radio frequency, etc.)	Supplies, Remarks, Notes, Information
	.			IIW.	<u> </u>
_					
 Monitor day-to- day primary functions of DEN Assure critical PPE and procedures for potential COVID-19 patients is distributed and followed if needed. Provide status and updates related to COVID-19 at DEN to the Operations Section Chief and C&GS. 					
7. Special Instruction	s:				
	adio and/or	phone cont	act nun	nbers needed for this assignment):	
Name/Function		Prin	nary Co	ntact: indicate cell, pager, or radio (fi	requency/system/channel)
				<u> </u>	7
9. Prepared by: Name	e: J Krugma	an	_ Posit	ion/Title: PSCSigna	ature:
ICS 204	IAP Page	4	Date	/Time:	

1. Incident Name:		2. Operat			3.
COVID-19 DFD		Date From: 3/19/20 Date To: 3/20/20 Time From: 0700 Time To: 0700			Branch: EOC Fire
4. Operations Persor	nnel: Name	Birdelen.			
Operations Section C		•		<u>Contact Number(s)</u> 303.884.6549	Division:
	•	iy, itobeit		303.004.0343	Group:
Branch Dire	ctor:				Staging Area:
Division/Group Superv	/isor:				otaging Area.
5. Resources Assign	ed:		રા		Reporting Location,
Resource Identifier	Leader		# of Persons	Contact (e.g., phone, pager, radio frequency, etc.)	Special Equipment and Supplies, Remarks, Notes, Information
Linville, Jeff				303.667.3232	EOC
Buccieri, Scott				720.232.0187	EOC
Mitchell, Warren				720.220.4436	EOC
		1			
<u> </u>	<u> </u>				
	<u> </u> 				
6 Work Assignments					<u> </u>
6. Work Assignments: Schedule: • Monday – Thursday: Jeff Linville • Friday: Scott Buccieri • Swing: Warren Mitchell Serve as conduit between the EOC and Command and General Staff on issues related to purchasing, finance, 911, and resource mobilization if needed.					
7. Special Instruction	15:				
	radio and/or			nbers needed for this assignment):	
Name/Function		Pri	mary Co	ontact: indicate cell, pager, or radio (fi	requency/system/channel)
	· · · · · · · · · · · · · · · · · · ·				
9. Prepared by: Nam	ne: J. Kruam	ian	Posi	tion/Title: PSCSigna	ature:
ICS 204	IAP Page		=	e/Time:	
	1 3+				<u> </u>

1. Incident Name: COVID-19 DFD	2. Opera Date From Time From	n: 3/19/	20 Date To: 3/20/20	3. Branch: Human Resources
4. Operations Personnel:	<u>Name</u>		Contact Number(s)	Division:
Operations Section Chief:	Murphy, Robert		303.884.6549	
Branch Director:	David Eberhard		720.607.5878 (c)	Group:
			720.913.3408 (w)	Staging Area:
5. Resources Assigned:		lls		Reporting Location,
Resource Identifier Lead	der	# of Persons	Contact (e.g., phone, pager, radio frequency, etc.)	Special Equipment and Supplies, Remarks, Notes, Information

6. Work Assignments:

- Serve as the conduit for the Career Service employees to the C&GS on issues related to modified work schedules, work-at-home, technology needs, pay, and other HR related topics.
- 7. Special Instructions: Technology Bulletins concerning work from home:
 - DFD Modified work schedules will be extended through 4/3/2020, Plan to start phasing back to a normal work schedule effective 4/6/2020. Please keep in communication with your chain of command for any questions
 - MALWARE AWARENESS: Please use credible sources when searching for information concerning COVID-19 such as: CDC, Colorado Department of Public Health and Environment (CDPHE), Denver department of Public Health and Environment (DDPHE). Scammers are putting out false sites and information that is compromising city systems!

Please contact Division Chief Vigil regarding access to desk top computers for performing official work at home.

During this time of work from home the following should be adhered to:

- Employees must read and respond to emails as they would if they were in the office.
- 2. Employees are still expected to attend scheduled meetings, whether via phone or Skype
- Daily update to immediate supervisor of completed tasks, issues and barriers to task completion provided via email
- 4. Any deviation from normal work schedule should be pre-approved by immediate supervisor
- 5. Any time unavailable to perform work duties during normal business hours should be documented as PTO/VAC just as if you were missing time in the office

9. Prepared by: Name	: J.Krugman	Position/Title: PSC	_Signature: _	SOL	
ICS 204	IAP Page6	Date/Time:		············	

MEDICAL PLAN (ICS 206)

1. Incident Nam COVID -19 DFD	e:		2. Operational P	Date From: 03/19/2020 Date To: 03/20/202 Time From: 0700 Time To: 0700					
3. Medical Aid S	tations:	-	•			-			
Name			Lacation	Lection		Contact		Paramedics on Site?	
Ivame			Location	Location		s)/Frequency	Yes		
							☐ Te		
						-	Yes		
					<u> </u>		☐ Yes		
							Yes		
		D.					Yes		
4. Transportation	n (indicate	air or ground):	·		<u>'</u>	_			
Ab1 C			1			ontact	Ι		
Ambulance S Denver Heath Pa		777 Bannock St	Location		-	s)/Frequency		f Service	
Northglenn Ambu		5650 Holly St Co			(303) 602-2		X ALS		
Action Care Amb			e Ave Centennial		(720) 870-4		XALS		
South Metro Fire/		9195 E Mineral			(720) 989-2		X ALS		
5. Hospitals:					(120) 000 2		<u> </u>		
	F	\ddress,	Contact	Tra	vel Time		<u> </u>		
Hospital Name		e & Longitude Helipad	Number(s)/ Frequency	Air	Ground	Trauma Center	Burn Center	Helipad	
Denver Health	777 Bann Denver	· ·	(303) 602-2566	7		Yes Level: 1	Yes No	X Yes No	
Swedish	601 E Ha Englewoo	mpden Ave	(303) 788-5000			∑Yes Level: 1	X Yes	X Yes	
Saint Josephs	1375 E 19	· · · · ·	(303) 812-2000			XYes Level: 4	Yes X No	Yes No	
UC Health	12605 E	16th Ave	(720) 848-0000			∑Yes Level: 1	X Yes	∑Yes No	
Childrens Hospital	13123 E Denver	16th Ave	(720) 777-1234			XYes Level: 1	X Yes	⊠Yes No	
6. Special Medic	cal Emerg	ency Procedures	<u> </u>	l	I		<u>, — </u>		
Danier Daniel	numb of Physics	in I lands	landa (DDD)	700.01	0.4044				
Denver Departmo	ent of Publ	ic Health and Env	ironment (DDPHE)	720-91	3-1311				
Please see COVID-19 Non-Transport Protocol in Addendum.									
Check box if aviation assets are utilized for rescue. If assets are used, coordinate with Air Operations.									
7. Prepared by (Medical Unit Leader): Name: Melissa Miccio Signature:									
		ficer): Name:							
ICS 206	` 	Page 7	Date/Time:		Signatui	e			
100 200	LIAI	raye /	Date/Time:		_				

Finance/Admin Section Chief Moeder/Cummings Date/Time: **Logistics Section** Jeremy Vigil **Public Information Officer** Date To: 3/20/2020 Time To: 0700 Safety/Medical Officers Scott Buccieri Melissa Miccio Liaison Officer Adriana Lara **Greg Pixley** Documentation UL Marissa Adams Krugman/Almaguer Planning Section Signature: 2. Operational Period: Date From: 3/19/2020 Time From: 0700 Incident Commander(s) Position/Title PSC Desmond Fulton Ryan Nuanes Human Resources Branch David Eberhard 4. Prepared by: Name: J. Krugman EOC Branch Jeff Linville Scott Buccieri Warren Mitchell **Operations Section** Robert Murphy Air Side Branch Russ Bray 1. Incident Name: COVID-19 DFD IAP Page _8_ 3. Organization Chart Land Side Branch Shift Commanders **ICS 207**

INCIDENT ORGANIZATION CHART (ICS 207)

SAFETY MESSAGE/PLAN (ICS 208)

1. Incident Name: COVID-19 DFD	2. Operational Period: Date From:	3/19/20	Date To: 3/20/20
	Time From:	0700	Time To: 0700

- 3. Safety Message/Expanded Safety Message, Safety Plan, Site Safety Plan:
 - <u>Dispatch will no longer be utilizing CODE19C</u>. Dispatch will now only be asking the following question in ProQA:

Has the caller had a cough or fever in the last week (7 days)?

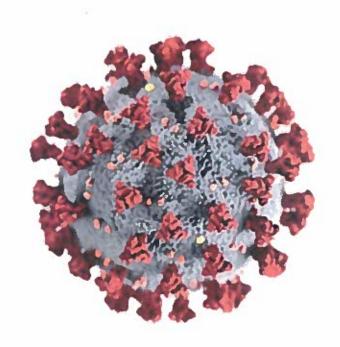
/SYMY = SYMPTOMS - YES: followed by cough or fever or both
/SYMN = SYMPTOMS - NO

- Be extremely vigilant if a patient presents with signs of lower respiratory infections such as fever, cough, shortness of breath and breathing difficulties. Do not solely rely on dispatch information; treat patients as potentially exposed until the following sample questions have been asked:
 - o Have you traveled recently?
 - o Do you have respiratory issues?
 - o Do you have a fever?
- If Denver Fire and Denver Health ALS arrives on scene together, Denver Health Paramedics will first
 go in to evaluate the patient and need for transport. If Denver Fire arrives first, one member in full
 PPE at a distance shall make patient contact to determine if there is any immediate life threats that
 need to be addressed. If no life threats interventions are needed, remain at a distance and wait for
 ALS.
- Take the time to donn the appropriate medical PPE which includes N-95, P-100 half masks, SCBAs, gowns, gloves, and eye protection. The N-95 cannot be decontaminated. However both the N-95 and surgical masks can be re-used as needed for an entire shift if the mask can be doffed with clean hands and stored in a clean space such as a clean, dry plastic bag.
- Do not reuse N95 if they have been contaminated by a patient or the mask has degraded or broken down. <u>Contaminated</u> is defined as a patient that coughed on person or an aerosolized procedure was done on scene. <u>Degraded or broken down</u> is defined as the mask is physically broken or torn, etc. Degraded Masks should be disposed of in the ambulance bio-hazard container if possible or placed in a department bio-hazard bag for disposal.
- <u>Do not</u> bring the ESO tablets into contact with a potential patient. Unless medical interventions are needed, leave all medical bags and oxygen at the door.
- Minimize the number of DFD members treating the patient (1 instead of 4) and maintain at least 6
 feet of distance from the patient. Either hand or toss a surgical mask to the patient to minimize
 exposure.
- Remember that nebulizing patients with flu-like symptoms should be limited to those with severe
 respiratory distress. Please make every attempt to protect yourself by providing this level of care for
 those truly in need.
- For suspected COVID-19 patients, do not place them on a non-rebreather mask unless the patient is presenting hypoxic. If a non-rebreather is used, place a surgical mask over the non-rebreather.
- Consider contacting the patient via a cell phone from the rig. This provides an additional opportunity to limit exposure while asking questions.

4. Prepared by: Name	e: J. Krugman	Position/Title: PSC	Signature:
ICS 208	IAP Page9	Date/Time:	

Denver Fire Department

Communications Plan Addendum to IAP



Incident Name	COVID-19-DFD
Incident Type	Pandemic
Incident Location	Denver
Incident Commander	Deputy Chief Desmond Fulton
Deputy Incident Commander	Division Chief Ryan Nuanes
Operational Period Begin	March 18th, 2020 0700 MST
Operational Period End	March 19th, 2020 0700 MST
Operations Period Number	6

DFD IAP Addendum Documents

(For March 18, 2020)

- 1. Denver Fire Department Personnel Guidance COVID 19 Response (Updated 3/18/20)
- 2. COVID-19 Non-Transport Protocol (New 3/16/2020)
- 3. COVID-19 Symptoms Decision Tree
- 4. CCD Risk Assessment and Public Health Decision Making Tree
- 5. DFD Behavioral Health Resources (New 3/17/2020)

Denver Fire Department Personnel Guidance Response to Potential Cases of Coronavirus Disease 2019 (COVID-19 – DFD (updated 3/19/2020)

Coronavirus disease 2019 (COVID-19) is a respiratory illness that can spread from person to person. Patients with COVID-19 have had mild to severe respiratory illness. The virus is thought to spread mainly from person-to-person via respiratory droplets among close contacts. Respiratory droplets are produced when an infected person coughs or sneezes and can land in the mouths or noses, or possibly be inhaled into the lungs, of people who are nearby.

For personnel performing daily routine activities, the immediate health risk is considered low.

If you encounter an individual who you suspect to have COVID-19 or who selfidentifies as having COVID-19, you should first:

- Try to maintain a distance of at least 6 feet, if possible.
- Have them treated and transported by Emergency Medical Service/ambulance to a healthcare facility, if possible.

If you must come into <u>close contact</u> with a suspected COVID-19 case, you MUST wear personal protective equipment (PPE).

 Close contact is defined as being within approximately 6 feet, or Having direct contact with body fluids (e.g., blood, phlegm, or respiratory droplets)

Minimum recommended PPE is:

- A single pair of disposable nitrile gloves,
- Disposable isolation gown or single-use/disposable coveralls¹
- Any NIOSH-approved particulate respirator which includes N-95 P-100s, or SCBAs.
- Eye protection (*i.e.*, goggles or disposable face shield that fully covers the front and sides of the face)².

¹ If unable to wear a disposable gown or coveralls, ensure all gear is cleaned/disinfected after contact with individual.

² CDC recommends goggles or a face shield. If they are unavailable or interfere with vision, safety glasses with side shields will provide some protection.

Denver Fire Department Personnel Guidance Response to Potential Cases of Coronavirus Disease 2019 (COVID-19 – DFD (updated 3/19/2020)

After close contact:

DECON Procedures for Possible COVID-19 Exposures at the conclusion of a call:

- Prior to getting back on the rig doff mask, safety glasses, gown, and respirator (N95, P100, or SCBA) with gloves on.
- Take the time to donn the appropriate medical PPE which includes N-95, P-100 half masks, SCBAs, gowns, gloves, and eye protection.
- The N-95 <u>cannot</u> be decontaminated. However both the N-95 and surgical masks <u>can be re-used</u> as needed for an entire shift if the mask can be doffed with clean hands and stored in a clean space such as a clean, dry plastic bag.
- Do not reuse N95 if they have been contaminated by a patient or the mask has degraded or broken down. <u>Contaminated</u> is defined as a patient that coughed on person or an aerosolized procedure was done on scene. <u>Degraded</u> or broken down is defined as the mask is physically broken or torn, etc. Degraded masks should be disposed of in the ambulance bio-hazard container if possible or placed in a department bio-hazard bag for disposal.
- Safety glasses should be cleaned with disinfecting wipes (purple containers)
- · Wash hands as soon as possible.
- Wash your face if you touched it with your hands
- If involved in an obvious transmission:
 - Avoid shaking clothes
 - Wash your clothes in hot water and dry with heat
 - o Take a shower

Apparatus/Equipment

- Wear gloves while performing de-contamination duties.
- Washdown surfaces with Oxyverse 16 located in firehouse dispensers.
- Another option is to use a bleach solution
 - 1. 20:1 ratio of water to bleach, ¾ cup to one gallon.
 - 2. Bleach solution has a shelf life of 24 hours.

Departing the Firehouse Recommendations

- Take a shower before departing the firehouse or going home.
- Wash and leave uniforms at the firehouse if applicable.
- Wear civilian clothing for travel to and from home

Contact the Department Quartermaster for the replacement of all sanitizing supplies.

COLORADO Health facilities & Emergency Medical Services Distriction

COVID-19 NON-TRANSPORT PROTOCOL

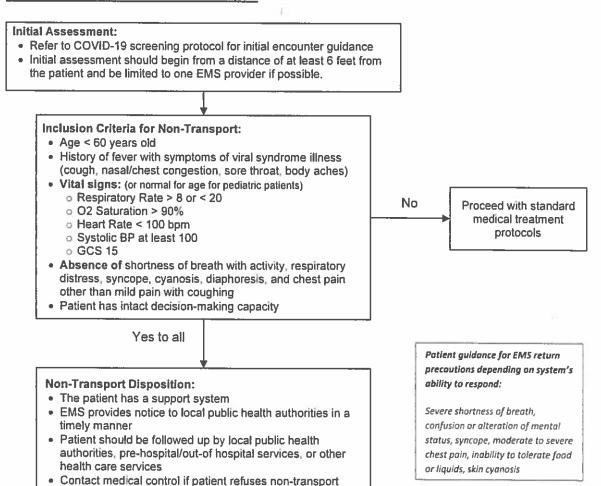
Purpose

- A. Identify patients that are safe to not transport to a hospital during widespread cases of confirmed COVID-19 patients in order to accomplish the following:
 - a. Minimize disease transmission to the community
 - b. Protect first responders and healthcare personnel
 - c. Preserve healthcare system functioning when the system is overwhelmed.

Indications for Non-Transport

- A. EMS agency Medical Direction has decided to enact non-transport guidelines based on local indications that the healthcare system infrastructure is overwhelmed. This may include, but is not limited to, one of the following circumstances:
 - a. Hospitals are exceeding maximum census
 - b. Hospitals and facilities are experiencing significant overcrowding
 - c. Hospitals and first response agencies have enacted surge plans
 - d. Healthcare providers are unable to obtain required personal protective equipment (PPE) to prevent transmission of disease.

Assessment Algorithm for Non-Transport



CORONAVIRUS

- Fever
- Cough
- Shortness of Breath, or difficulty breathing
- Symptoms appear 2-14 days after exposure

FLU

- Fever
- Cough
- Muscle aches
- Fatigue & weakness
- Chills & sweats
- Congestion
- Sore throat

ALLERGIES

- Sneezing
- Itchy nose, eyes or roof of the mouth
- Runny, stuffy nose
- Watery, red or swollen eyes

Coronavirus Disease 2019 (COVID-19) Risk Assessment and Public Health Management Definitions

*definitions taken from CCD

Self-monitoring: individual should monitor themselves for fever by taking their temperature twice a day and remain alert for respiratory symptoms (e.g., cough, shortness of breath, sore throat). Anyone on self-monitoring should be provided a plan for whom to contact if they develop fever or respiratory symptoms during the self-monitoring period to determine whether medical evaluation is needed.

Active monitoring means that the state or local public health authority assumes responsibility for establishing regular communication with potentially exposed people to assess for the presence of fever or respiratory symptoms (e.g., cough, shortness of breath, sore throat). For HCP with high- or medium-risk exposures, CDC recommends this communication occurs at least once each day. The mode of communication can be determined by the state or local public health authority and may include telephone calls or any electronic or internet-based means of communica-

Self-Monitoring with delegated supervision in a healthcare setting means HCP perform self-monitoring with oversight by their healthcare facility's occupational health or infection control program in coordination with the health department of jurisdiction, if both the health department and the facility are in agreement. On days HCP are scheduled to work, healthcare facilities could consider measuring temperature and assessing symptoms prior to starting work. Alternatively, a facility may consider having HCP report temperature and absence of symptoms to occupational health prior to starting work. Modes of communication may include telephone calls or any electronic or internet-based means of communication.

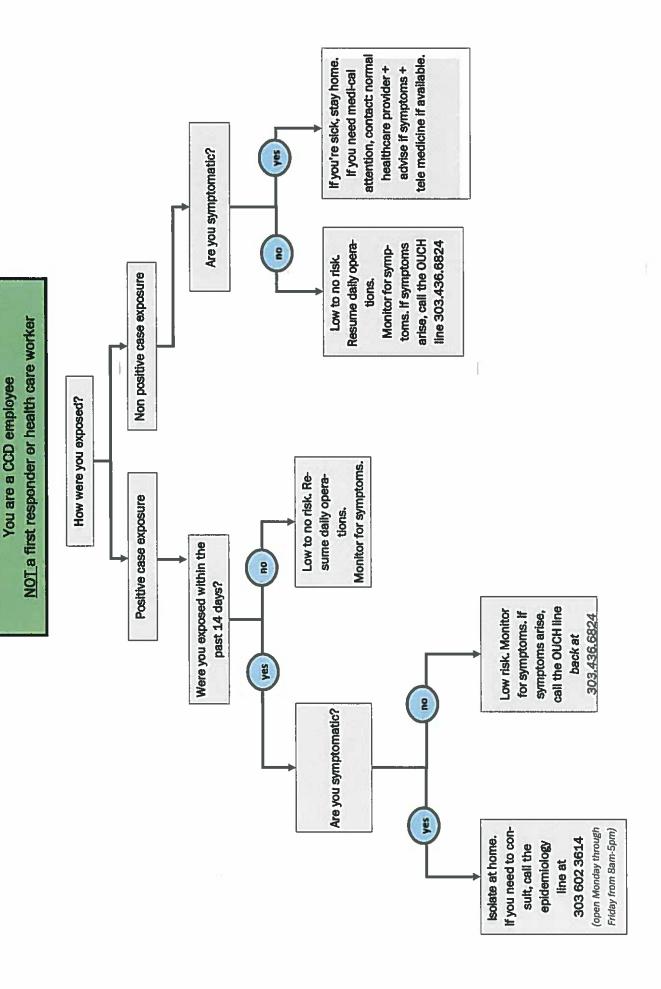
Close contact for healthcare exposures is defined as follows: a) being within approximately 6 feet (2 meters), of a person with COVID-1.9 for a prolonged period of time (such as caring for or visiting the patient; or sitting within 6 feet of the patient in a healthcare waiting area or room); or b) having unprotected direct contact with infectious secretions or excretions of the patient (e.g., being coughed on, touching used tissues with a bare hand).

Data are limited for definitions of close contact. Factors for consideration include the duration of exposure (e.g., longer exposure time likely increases exposure risk), clinical symptoms of the patient (e.g., coughing likely increases exposure risk) and whether the patient was wearing a facemask (which can efficiently block respiratory secretions from contaminating others and the environment), PPE used by personnel, and whether aerosol-generating procedures were performed.

High-risk exposures refer to individuals who have had prolonged close contact with patients with COVID-19 who were not wearing a facemask while HCP nose and mouth were exposed to material potentially infectious with the virus causing COVID-19. Being present in the room for procedures that generate aerosols or during which respiratory secretions are likely to be poorly controlled (e.g., cardiopulmonary resuscitation, intubation, extubation, bronchoscopy, nebulizer therapy, sputum induction) on patients with COVID-19 when the healthcare providers' eyes, nose, or mouth were not protected, is also considered high-risk.

Medium-risk exposures generally include HCP who had prolonged close contact with patients with COVID-19 who were wearing a facemask while HCP nose and mouth were exposed to material potentially infectious with the virus causing COVID-19. Some low-risk exposures are considered medium-risk depending on the type of care activity performed. For example, HCP who were wearing a gown, gloves, eye protection and a facemask (instead of a respirator) during an aerosol-generating procedure would be considered to have a medium-risk exposure. If an aerosol-generating procedure had not been performed, they would have been considered low-risk. See Table 1 for additional examples.

Low-risk exposures generally refer to brief interactions with patients with COVID-19 or prolonged close contact with patients who were wearing a facemask for source control while HCP were wearing a facemask or respirator. Use of eye protection, in addition to a facemask or respirator would further lower the risk of exposure.





Wellness Resources



DENVER CITY EMPLOYEE ASSISTANCE PROGRAM (ComPsych)) (free, 6 sessions per issue)

Phone: 877-327-3854

Website: www.guidanceresources.com (company ID: DENVEREAP)

NICOLETTI-FLATER & ASSOCIATES (public safety industries specialization; free, unlimited sessions)

Appointment Line: 303-989-1617

Crisis Line: 720-675-9502

Website: http://traumathreatandpublicsafetypsychology.com/

<u>DR. KAREN IACKSON</u> (fire services specialization; free, unlimited sessions)
Appointment Line: 303-257-0377

Email: kiackson52@ntsn.com

INSURANCE PROVIDER RESOURCES: (co-pay may apply based on plan)

Kaiser Permanente Behavioral Health

Phone: 303-471-7700 Website: www.kaiserpermanente.org

Denver Health Behavioral Health

Phone: 303-602-2146 Website: www.denverhealth.org

United Healthcare Care24

Phone: 800-828-1120 Website: www.uhctools.com/services care24

CONFIDENTIAL SUICIDE/CRISIS RESOURCES (external to the City)

24/7 national and local crisis resources:

Colorado Crisis Services/Community Crisis Connection: 844-493-TALK (8255)

National Suicide Prevention Lifeline: 1-800-273-8255

24/7 resources specifically for Public Safety professionals:

Colorado Emergency Responder Crisis Text Line: Text "BADGE" to 741741

Safe Call Now: 206-459-3020

• Cop Line: 1-800-267-5463

PEER SUPPORT

DFD

Denver 911

DPD

Jodi Marzano Desk: 720-913-2012

Cell: 303-210-6938

Cell: (303)-503-7490
Roster at: DFD Peer Support

: 303-210-6938 Ros

Sergeant Robert Waidler

Desk: 720-913-1373 Cell: 303-435-0702

Roster at: DPD Peer Support

DPD Resiliency Program

Sergeant Robert Waidler Desk: 720-913-1373 Cell: 720-641-1190 Major Sonya Gillespie-Carter

Cell: 720-641-1190

Captain Greg Pixley

Roster at: DSD Peer Support

DSD Employee Outreach Program (EOP)

Captain Paul Oliva 720-865-0477 Jacob Matthews 720-865-0476 eop@denvergov.org or DSD EOP

CHAPLAINS' UNITS

DFD: Chaplain Ron Biegler: 720-839-9537 ron@ronbiegler.com

DPD: On-Call Chaplain Phone: 720-641-0791

• DSD: Chaplain Jonathan Knott: 303-435-2028